



No more **invisible** years.

OpalMedica is a medical technology company supporting earlier detection of rare and underdiagnosed diseases through patient insight and clinical decision support

Most rare and underdiagnosed diseases don't begin at diagnosis. They begin long before.

Patients experience symptoms over time, often across multiple consultations. Although the patterns are there, they are difficult to see, and what happens in these years is poorly understood.

OpalMedica exists to end the wait.

1 in 17

people in the UK live with a rare disease

WHY WE EXIST

The journey to diagnosis

Collectively, rare diseases affect hundreds of millions of people worldwide. The tragedy is not just that these conditions are hard to diagnose, it's that we already have the knowledge to diagnose them faster – but it's locked inside the lived experiences of those who have gone through the journey.

OpalMedica was founded on a single conviction: patient experience is clinical evidence. We gather it through our strategic insight platform (My Rare Journey), creating real-world insight to feed into our clinical decision support tool (Clinical Flags).

4.7 Yrs

average diagnosis odyssey

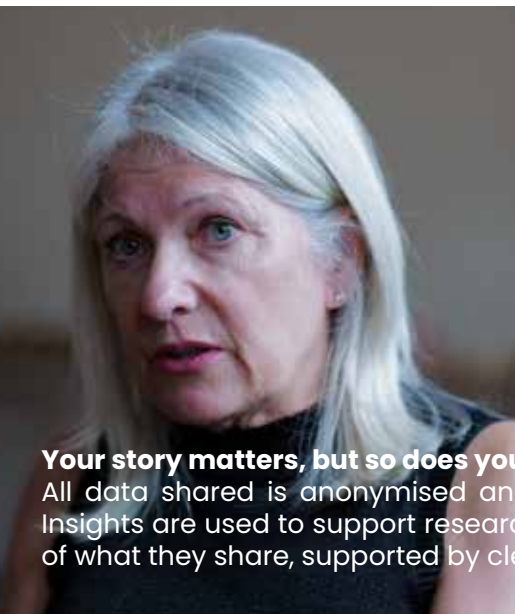
22%

see 8+ clinicians before diagnosis

Your story can shape the future



*For years it was put down to PCOS, then later stress and anxiety.
My life changed so much because of this.*



Your story matters, but so does your privacy.

All data shared is anonymised and aggregated, with no patient-identifiable information ever used or shared. Insights are used to support research and improve earlier detection of rare diseases. Individuals remain in control of what they share, supported by clear consent and strong governance to ensure data is used responsibly.

From patient stories to clinical intelligence



My Rare Journey

A patient platform for sharing experiences and insights, contributing valuable real-world data that informs research and helps others on similar journeys. Now live globally



Clinical Flags

A patent-pending clinical decision support tool, being developed as a regulated medical device (CE marking in progress), designed to integrate into GP workflows and support earlier consideration of rare and underdiagnosed diseases during routine consultations.



I don't blame my doctor - she had never seen a case like mine in her 30-year career.



HOW TO WORK WITH US

Working together

We work with patient organisations, researchers, and industry partners to generate insights, co-develop disease understanding, and support earlier detection.

Every rare disease diagnosis has a story behind it. By sharing yours, you can help researchers and clinicians better understand the journey from first symptoms to diagnosis, supporting the development of tools for earlier detection.

Share your story.
Shape the future.

OpalMedica.com
Myrarejourney.com

For more information contact: support@opalmedica.co.uk

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MAPPING THE DIAGNOSTIC JOURNEY

1

Symptoms begin

Often multi-system, subtle. Easy to attribute to stress or common conditions.

2

First consultations

GP visits, referrals to specialists who each see one piece of a complex, incomplete picture.

3

The invisible years

Misdiagnoses, ineffective treatments, and years spent navigating the healthcare system.

4

A pattern emerges

Often by chance — a specialist who connects the dots.



Diagnosis

Average 4–5 years after first symptoms.

OpalMedica is working to collapse this timeline.

